

PERINATAL MENTAL HEALTH

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Agenda

Legislation: Recent CA State Legislation with MMH Impact

Tools & Recourses: Closing the Gaps in Maternal and Mental Health Care

Breakout Session:

1. What tools and resources are currently embed within your hospital/practice? And, what are the pros & cons?

2. Given what you have leaned from today conference, what new tools and resources will you consider integrating?

California Health Collaborative & Perinatal Wellness:

1. Local & Statewide Coalitions

2. Direct Service Programs

Recent CA State Legislation with MMH Impact

AB 2193: Maternal Mental Health Screening and Support

AB 3032: Hospital Maternal Mental Health

AB 845: Requires Continuing education: physicians and surgeons in maternal mental health.

AB 1676: Requires Tele-psychiatry Consultation Line

AB 577: Extends MediCal Coverage to 12 Months for Moms Diagnosed with an MMH Disorder

SB 66: FQHCs- Payment for Mental Health Services when Medical Services are Provided Same Day

SB 464: California Dignity in Pregnancy and Childbirth Act

SB-10: Peer Support Specialist Certification Program

AB 2193, Maternal Mental Health:

Effective July 1, 2019:

Screening:

Medical practitioner who provides prenatal or postpartum care for a patient to offer to screen or appropriately screen a mother for maternal mental health conditions

Health Care Service Plans:

Health care service plan (HCSP) shall develop a maternal mental health program designed to promote quality and cost-effective outcomes.

HCSP Program:

1. Clinical Principles and Processes
2. Available upon request to medical providers, including a contracting obstetric provider

AB 3032, Maternal Mental Health Conditions:

Effective July 1, 2020:

Hospitals:

General acute care hospital or special hospital that have a perinatal unit are required to develop and implement, a program relating to maternal mental health conditions including, but not limited to, postpartum depression.

Perinatal Unit:

“Untreated maternal mental health conditions cause adverse birth outcomes, impaired maternal-infant bonding, poor infant growth, childhood emotional and behavioral problems, and significant medical and economic costs, estimated to be \$22,500 per mother.”

AB 3032, Maternal Mental Health Conditions cont:

Effective July 1, 2019:

Program shall include all of the following:

(a) Education and information for postpartum women and families about maternal mental health conditions, posthospital treatment options, and community resources.

(b) Education and information for hospital employees regularly assigned to work in the perinatal unit, including, as appropriate, registered nurses and social workers, about maternal mental health conditions.

AB 845, Continuing Education:

Effective January 1, 2020:

California Medical Board will be required to make available continuing education training for obstetric providers including obstetricians, family practice providers and nurse practitioners.

Training Shall Address:

- Range of PMAD disorders including risk of harming herself or baby
- Evidence-based screening tools
- Treatment options & resources for safe prescribing
- Skill building strategies to enhance trust with patients.

AB 1676, Telehealth Consultation Program:

Effective January 1, 2021:

Requires health care service plans and health insurers, to establish a telehealth consultation program that provides providers who treat children and pregnant and postpartum persons with access to a psychiatrist, as specified, in order to more quickly diagnose and treat children and pregnant and postpartum persons suffering from mental illness.

AB 577, Extension of Continuity of Care:

Extends the duration of the requirement that health plans and health insurers provide continuity of care for pregnant women to up to 12 months from the diagnosis or from the end of pregnancy, whichever occurs later...

“ if the woman presents written documentation of being diagnosed with a maternal mental health condition from the individual's treating health care provider.”

Extending full scope Medi-Cal benefits for undocumented pregnant women will ensure that they receive important pregnancy-related and post-partum health care, including mental health care.

Effective July 1, 2019

SB 66, FQHCs- Payment for Mental Health Same Day Services:

Effective July 1, 2019:

SB 66: Billing for Same Day Visits

Medi-Cal reimbursement to Federally Qualified Health Centers (FQHC) and Rural Health Clinics (RHC) for two visits taking place on the same day at a single location when the patient suffers illness or injury requiring additional diagnosis or treatment after the first visit, or when the patient has a medical visit and another health visit with a mental health or dental provider.

Why is this a significant component to perinatal mental health when discussing an integrated model of care ?

SB 464, California Dignity in Pregnancy and Childbirth Act:

SB 464 is designed to begin to address the harms caused by racism.

This important measure will require:

- Hospitals that provide perinatal care and birth centers to implement an evidence-based implicit bias training program for all health care providers.
- Require the tracking and sharing of maternal death and severe morbidity.

SB-10, Peer Support Specialist Certification Program:

As of 7/1/2020 state department of health care services will establish, a comprehensive mental health and substance peer support specialist training and certification program.

Depth of certification program:

- Responsibilities and practice guidelines will be defined
- Supervision standards
- Defining curriculum and core competencies standards
- Specifying training and continuing education requirements
- Code of ethics
- Determining a certification revocation process.

Effective July 1, 2020

Tools & Resources:

Postpartum Support International Frontline Provider Training:

Designed to equip frontline providers with the skills necessary to assess patients for perinatal mental health complications and, as appropriate, provide treatment or connect individuals with additional resources and care.

- Single day onsite course or two 2 hour-long webinars
- OBGYNs, nurse practitioners, certified nurse-midwives, family doctors, internists, and others
- Cost range from \$175 to \$250 per person

Training@postpartum.net

Tools & Resources:

MomsWell: Mobile screening tool designed for obstetricians, labor & delivery hospitals, pediatricians and family health providers.

\$800 / year with a 30-day free trial	Access to a free MomsWell Care Coordinator
Unlimited Maternal Mental Health screens and referrals	Online support group
Discreet screening on patient's mobile device PHQ9 & EPDs	Multiple referrals to local, national, and online resources
Billable codes for insurance reimbursement *where applicable	Medical billing support
Instant scoring and delivery to the provider	Comprehensive Reports easily attachable to EMR

<https://www.getmomswell.com>

Tools & Resources:

Seleni Institute:

30-minute web-based perinatal mood and anxiety disorders training for healthcare providers. Training includes the tools needed to implement education, screening and referral protocols for perinatal mental health concerns.

Cost: \$25.00

<http://www.seleni.org/maternal-mental-health-training>

Breakout Session:

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Tools & Recourses:

California Health Collaborative Maternal Wellness Program:

Comprehensive two hour training on perinatal wellness:

- Signs & symptoms
- Screening tools
- Emergency and non-emergency protocols
- Substance misuse during pregnancy
- Impact on baby, plus the family unit

Direct services:

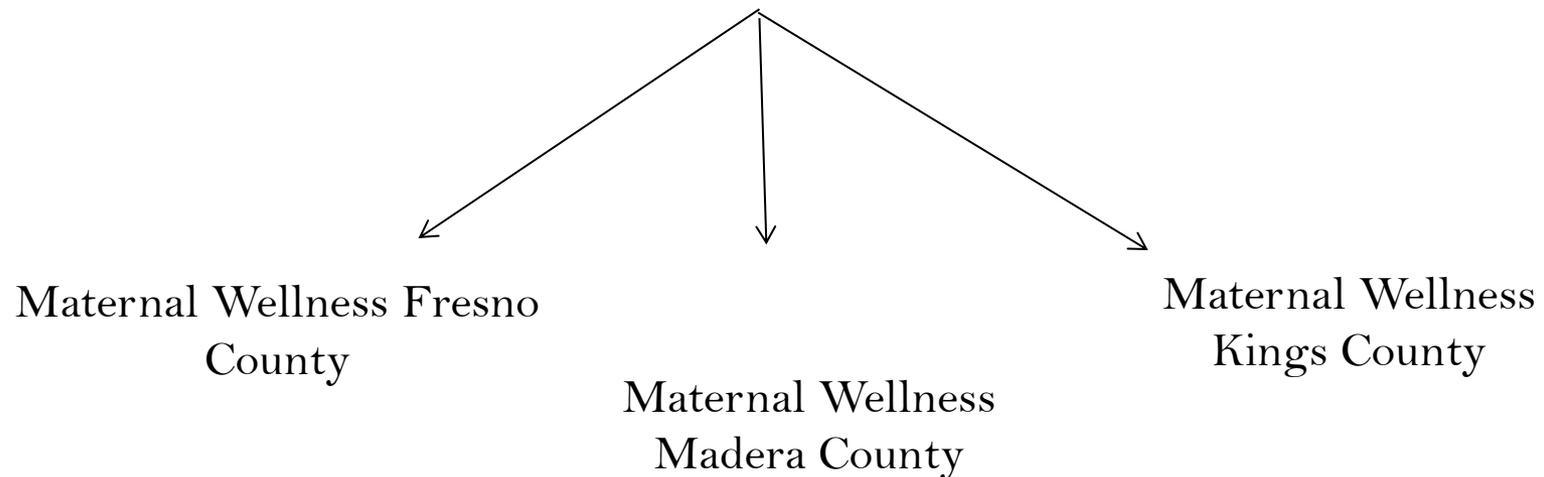
- Care coordination & case management
- Access to local resources including support groups
- Access to trained behavioral health providers



Tools & Resources:

California Health Collaborative

Maternal Wellness Programs

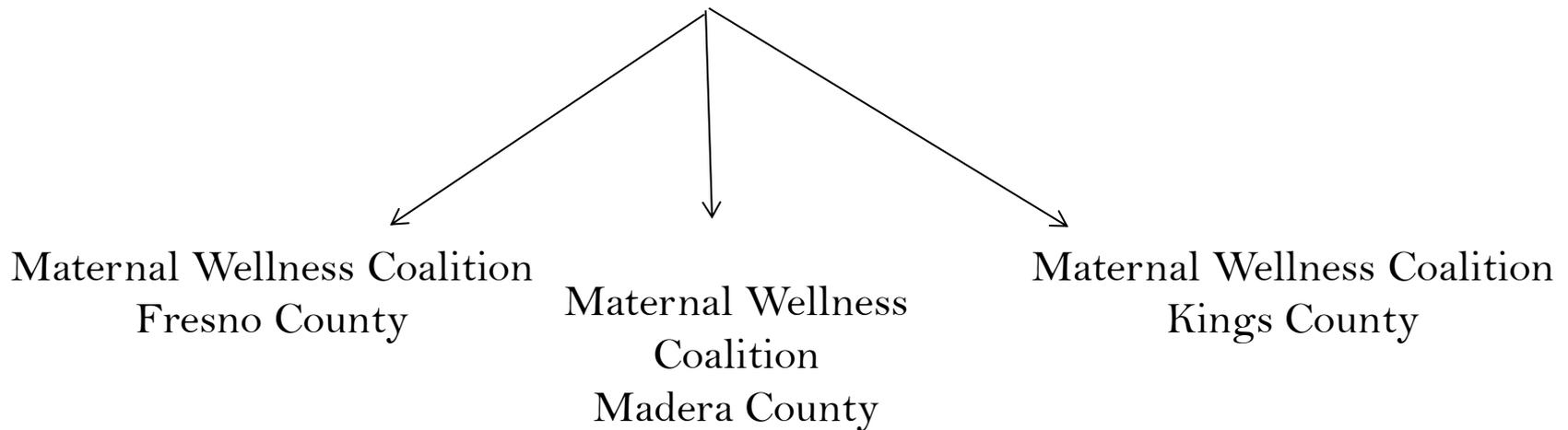


Each county has a unique focus; therefore, meeting the needs of the families within the county.



California Health Collaborative

Maternal Wellness Collaborative of California



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Maternaldepression.org

QUESTIONS?

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