



CALIFORNIA HEALTH COLLABORATIVE

# SISTA COACH PROGRAM



CALL TO ENROLL  
**209.202.2640**



## What is a Sista Coach?

A Sista Coach is a personal support advocate who provides individualized support focusing on specific areas according to each client's assessment. This can include 1-on-1 meetings, going to doctor visits, and providing baby items.

## To Qualify:

- Live in San Joaquin County
- Identify as Black or African American
- Be pregnant or have a 0-3 month-old infant

"My coaches Sharee and Tivoli were a huge support system for me throughout my pregnancy journey. They counseled and educated me on everything that I needed to know about my growing baby up to the day that I gave birth to him. Now that he's here, I receive different tips on what I should and shouldn't do with a newborn." -Kierra

"My coach Tivoli is great. She is caring, dedicated, and was supportive to me. She helped me navigate the highs and lows of my pregnancy and my life. I recommend this program to all the expectant mothers that need a little more support in their lives." -Athena

**SHAREE WILBURN-VANCE**

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