

Ask, Advise, Refer - Employee Guide

1



Ask at Every Visit

Do you use recreational tobacco or nicotine products (vapes, chew, pouches, smoking)?

2



Advise

I am concerned about the impact of tobacco on your mental and physical health. I strongly encourage you to quit.

3



Refer

Would you like help quitting?

- Quit Helpline
 - Refer clients at: kickitca.org/patient-referral
- Prescriber for MAT
 - Mediations, patches, gum
- Quit Resource Guide