



CREATING RESILIENCE

Feeling stressed or overwhelmed?
Join the Young Minds Creatng
Resilince club. We'll explore creative
ways to express, de-stress, and build
resilience. All art supplies provided.

Doors open at 3:45

Every
Wednesday

4:00 pm

Free
Snacks



206 West 8th Street
Hanford, CA

Questions?

youngminds@healthcollaborative.org